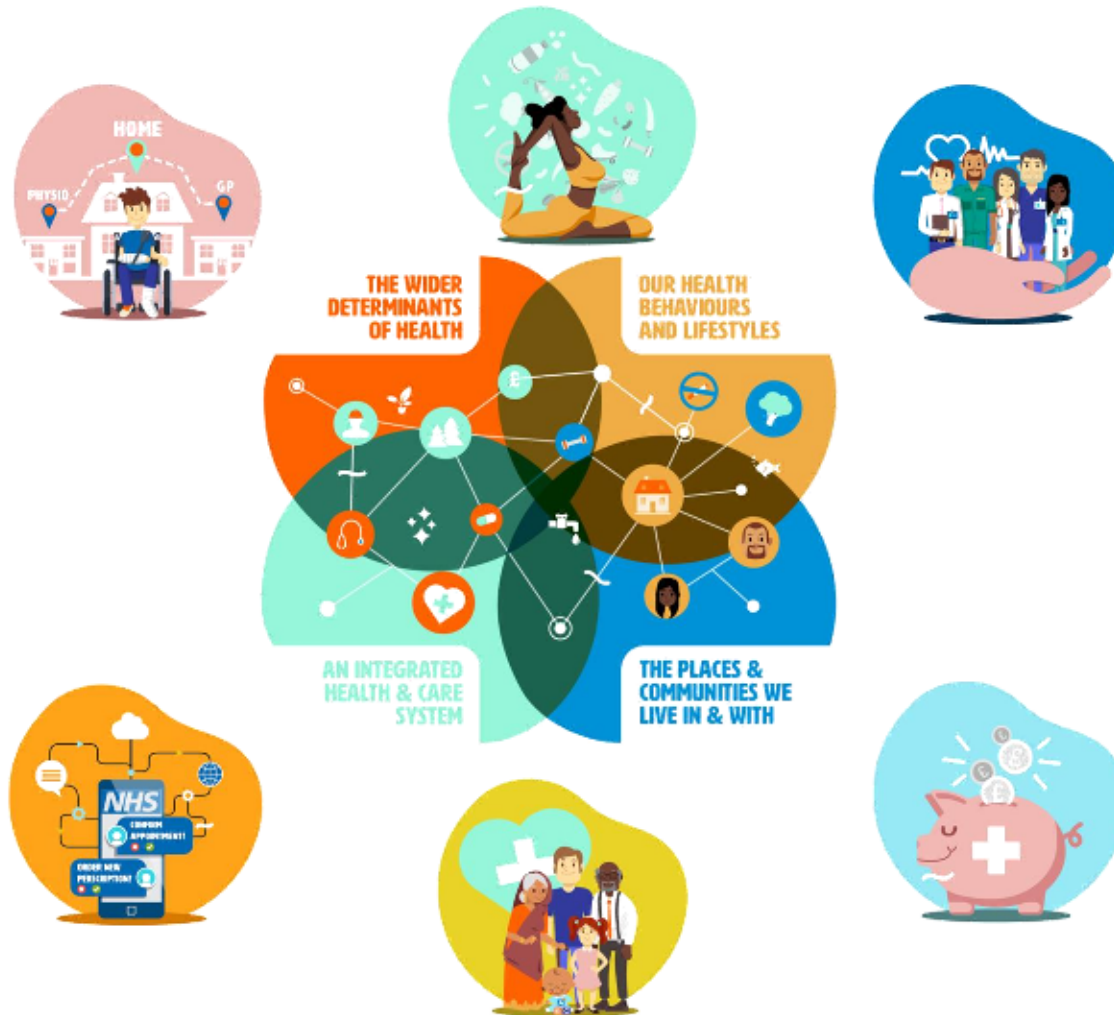


Our vision for population health



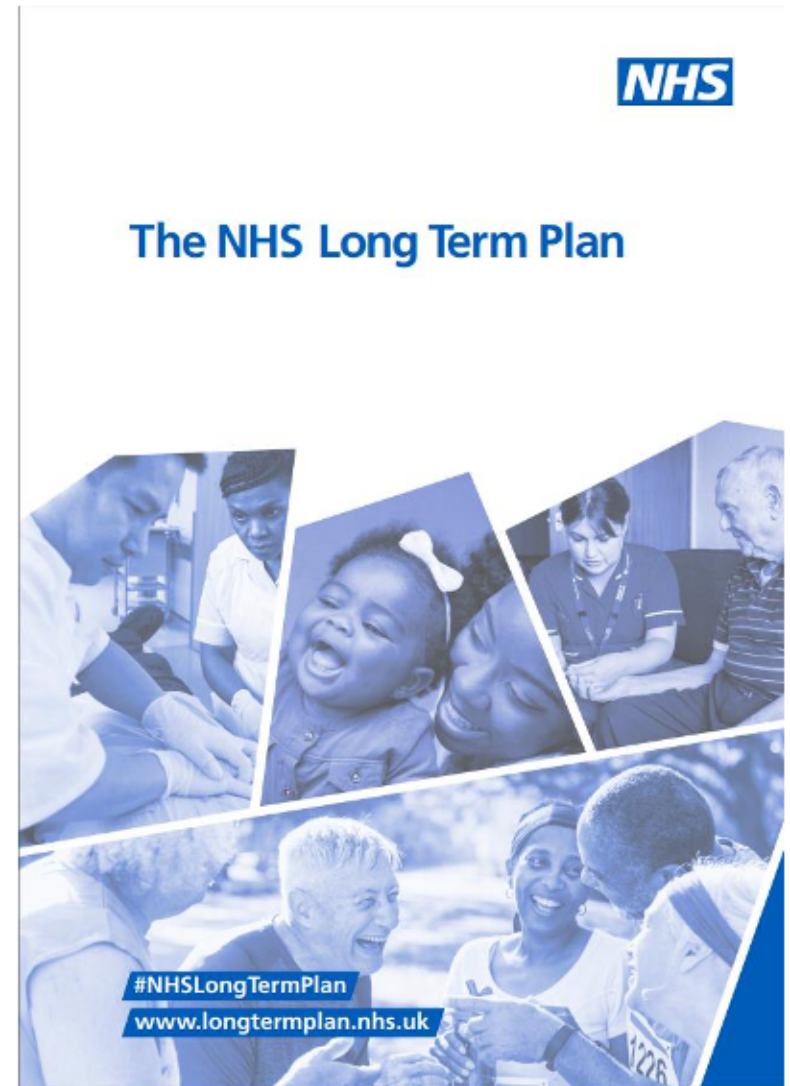
Understanding the NHS Long Term Plan

The NHS Long term plan

What is the long term plan?

- ✓ It sets an agenda for the next ten years
- ✓ It shows how the NHS will spend additional funding – an average increase of 3.4% a year
- ✓ It is based on what the public and NHS staff think the NHS needs
- ✓ It is built on work already underway, both nationally and locally
- ✓ It is about making the NHS better - by focusing on a number of core things that can make a real difference to the health and wellbeing of our population
- ✗ It is **not** the STP by another name

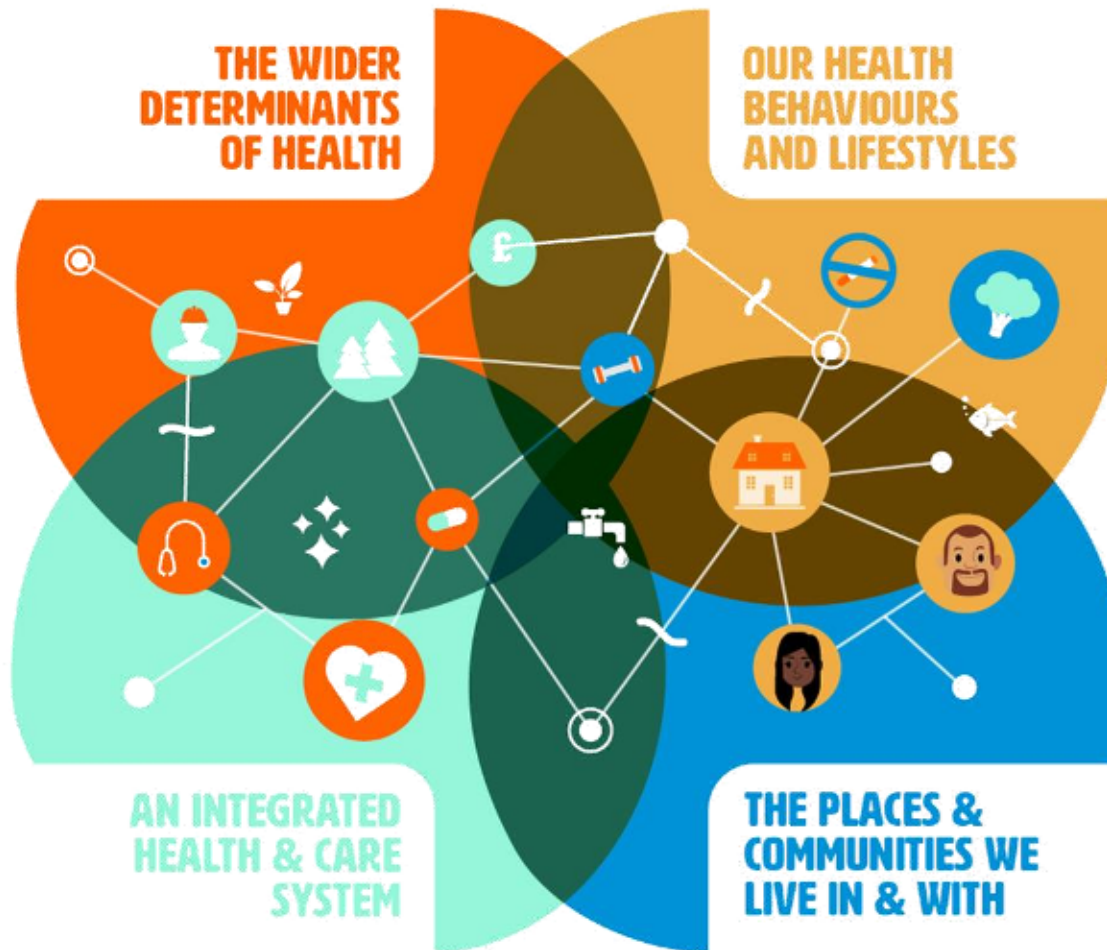
More information is available at www.longtermplan.nhs.uk.



Understanding the bigger picture

Wider determinants of health, such as income, wealth, education, housing, transport and leisure are the most important driver of health

We need to join up services to support the needs of our patients, especially those with long-term conditions



Our health behaviours and lifestyles are the second most important driver of health and include smoking, drinking alcohol, diet and exercise

Our local environment is an important influence on our health behaviours, and social relationships and community networks impact on mental health

What will the long term plan deliver for patients?

Over the next ten years we will improve the care people receive by:

1. Making sure everyone gets the best start in life
2. Delivering world-class care for major health problems
3. Supporting people to age well



Making sure everyone gets the best start in life

Giving everyone the best start in life

- Through better maternity services, including a dedicated midwife looking after a mother throughout her pregnancy.
- By joining up services from birth through to age 25, particularly improving care for children with long term conditions such as:
 - Asthma
 - Epilepsy
 - Diabetes
- By revolutionising how the NHS cares for children and young people with poor mental health with more services in schools and colleges.



Delivering world-class care for major health problems

Delivering world-class care for major health problems to help people live well

- With faster and better diagnosis, treatment and care for the most common killers, including cancer, heart disease, stroke and lung disease, achieving survival rates that are among the best in the world.
- Supporting families and individuals with mental health problems, making it easier to access talking therapies and transforming how the NHS responds to people experiencing a mental health crisis.



Supporting people to age well

Helping people to age well

- With fast and appropriate care in the community, including in care homes, to prevent avoidable hospital admissions for frail and older people.
- By significantly increasing the numbers of people who can take control of their healthcare through personal budgets.



How do we make this vision a reality?

To ensure that the NHS can achieve the ambitious improvements for patients, the NHS Long Term Plan also sets out actions to overcome the challenges that the NHS faces, such as staff shortages and growing demand for services, by:



Doing things differently



Preventing illness



Tackling health inequalities



Supporting our workforce



Making better use of data and digital technology



Spending this extra investment wisely

Doing things differently

What does this mean?

- Give more people control over their own health
- Giving everybody the right to use technology to talk to their GP if they want to
- Supporting GP practices to offer more services nearer to where people live
- Helping people use services in their community to improve their health and wellbeing
- Making sure people get the treatment they need easier and faster so they don't always need to go to hospital
- Making sure people who need to go to hospital don't have to stay longer than they need to and can go home without delay when they are well enough



Joining up services

What we've done so far

- OPAT (Outpatient parenteral antimicrobial therapy) – patients trained to administer IV antibiotics at home in South Warwickshire
- Out of Hospital services providing care in the community, including Care Navigators now embedded in Place Based Teams
- Extended access to GP services including evenings and weekends to the population of Coventry & Warwickshire
- Access to NHS 111 online providing urgent healthcare advice to ensure patients receive timely medical care
- Designation of Urgent Treatment Centres across Coventry and Warwickshire to provide alternative offer to A&E. This includes the Walk-in Centre in Coventry, Urgent Care Centre in Rugby, George Eliot Hospital and the Minor Injuries Unit in Stratford
- Introduced Consultant Connect system allowing GPs to speak directly with hospital consultants reducing unnecessary referrals



Preventing illness



What does this mean?

The NHS will increase its contribution to tackling some of the most significant causes of ill health, including support for people to:

- Stop smoking
- Achieve and maintain a healthy weight
- Overcome drinking problems
- Avoid Type 2 diabetes
- With a particular focus on the communities and groups of people most affected by these problems

Preventing illness



What we've done so far

- Year of Wellbeing 2019 across Coventry and Warwickshire
- National Diabetes Prevention Programme to help prevent Type 2 diabetes
- Funding to develop suicide prevention and reduction schemes in Coventry and Warwickshire
- Roll out of place based JSNAs – Joint Strategic Needs Assessments
- First Contact Practitioner pilot - providing direct access to physiotherapy for musculoskeletal conditions



Making care better and tackling health inequalities

What this means

- Care is safer than ever; with more people surviving cancer, heart disease, managing long-term conditions and surviving childbirth
- Despite all this, we still need to get even better at looking after people with diabetes, cancer, poor mental health, dementia
- We also want to focus on children's mental health, heart and lung conditions, learning disabilities and autism
- We need to make sure people's health isn't worse because of
 - Where they live
 - Their background
 - What services and treatments they can get
 - Not having very much money
- We need to continue to work with specific groups who are vulnerable to poor health



Making care better and tackling health inequalities

What we've done so far

- Introduction of the Continuity of Carer model in maternity services
- Development of Coventry and Warwickshire Maternity Voices Partnership to feed local views into the local maternity system
- £300,000-plus funding from NHS England will support specialist perinatal mental health services provided across the area
- £700,000 transformation funding from the West Midlands Cancer Alliance to ensure that best practice is followed with four key tumour sites (lung, colorectal, prostate and upper gastrointestinal) and for living with and beyond cancer
- Implementation of frailty assessment models within A&E departments.
- Implementation of ambulatory care pathways across Coventry and Warwickshire.



Supporting our workforce



What does this mean?

- Improve staff work/life balance
- Provide more opportunities for people to move into senior positions
- There are more people wanting to go to uni to study nursing and medicine, but not enough places
- We need to make the times and days staff work more flexible
- We need to help staff learn and develop their skills
- We need to encourage more people to volunteer to support the NHS

Supporting our workforce



What we've done so far

- Working with schools and colleges to promote careers in health and care through work experience opportunities
- Creating opportunities for staff to further develop their careers e.g. the development of Nursing Associate role
- Formed the Coventry & Warwickshire Apprenticeship hub to increase and enhance the opportunities for apprenticeships
- Supporting and developing new roles e.g. Advanced Clinical Practice
- Established new models to support learning in practice
- Delivery of a range of leadership and skills development to meet identified learning and development needs
- Providing a range of activities to support staff well being

Making better use of data and digital technology

What does this mean?

- We want everybody to be able to use services from their computer, tablet or phone if that want to
- We want to support people and their families and carers to look after their own health better
- We want to support doctors and other health professionals to be able to make some decisions better and faster by giving them improved access to information related to a patient's direct care
- Improve the planning and delivery of services through greater use of analysis of patient and population data



Making better use of data and digital technology

What we've done so far

- Out of Hospital teams in Warwickshire now have a single, shared patient record meaning they can work in a more agile and efficient with the ability to complete records without returning to base
- Health System Led Investment (HSLI) funding to:
 - Improve the digital maturity of the four NHS provider organisations
 - Increase productivity using tools such as voice recognition and electronic document management
 - Introduce remote video consultations
- Working on establishing a shared care record across the system so that all providers can access all data relating to a patient's care in one place
- Implementation of acute provider bed management systems to monitor and track capacity
- NHS 111 app in place and ability for NHS 111 to book appointments in to out-of-hours services



Getting the most out of taxpayers' investment



What does this mean?

- We need to ensure the NHS keeps up with more people needing to use it
- We need to look at spending more money on services in the community
- Making sure all local services take part in shaping the future
- Making sure the services we have are working as well as they can, reducing unnecessary duplication
- By doing these things, we hope we can save money which we can then spend on the services people need most

Getting the most out of taxpayers' investment



What we've done so far

- System wide procurement of finance software leading to financial savings and better efficiency
- A total of £79,000 funding to 10 projects in South Warwickshire which will support a variety of groups including training young people in mental health first aid, supporting people living with dementia and their carers and encouraging physical activity

What happens next?

Develop the STP programme and our discussions around moving to an Integrated Care Systems (ICSs) now need to develop and implement their own strategies for the next five years.

These strategies will set out how we intend to take the ambitions in the NHS Long Term Plan and work together to turn them into local action to improve services and the health and wellbeing of the communities they serve – building on the work we have already been doing.



What this means for staff, patients and the public

This means that over the next few months, staff, patients and the public will have the opportunity to help shape what the NHS Long Term Plan means for their area, and how the services they use or work in need to change and improve over the next few years



Local Healthwatch groups will receive national funding to support NHS teams in ensuring the views of patients and the public are heard, and Age UK will be leading work across a range of other charities to provide opportunities to hear from people with specific health needs.

healthwatch